

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | **Plan Type:** HMO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.HealthReformPlanSBC.com or by calling 1-855-586-6960.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-network: Individual \$6,850 / Family \$13,700 . Does not apply to certain office visits and preventive care in-network.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. In-network: Individual \$6,850 / Family \$13,700 .	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. See www.aetna.com or call 1-855-586-6960 for a list of in-network providers .	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

Questions: Call 1-855-586-6960 or visit us at www.HealthReformPlanSBC.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.HealthReformPlanSBC.com or call 1-855-586-6960 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: HMO



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay/visit, deductible waived for visits 1-3; 0% coinsurance thereafter	Not covered	—————none—————
	Specialist visit	0% coinsurance	Not covered	—————none—————
	Other practitioner office visit	0% coinsurance for Chiropractic care	Not covered	Coverage is limited to 12 visits for Chiropractic care.
	Preventive care /screening /immunization	No charge	Not covered	Age and frequency schedules may apply.
If you have a test	Diagnostic test (x-ray, blood work)	0% coinsurance	Not covered	—————none—————
	Imaging (CT/PET scans, MRIs)	0% coinsurance	Not covered	—————none—————

Questions: Call 1-855-586-6960 or visit us at www.HealthReformPlanSBC.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.HealthReformPlanSBC.com or call 1-855-586-6960 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | **Plan Type:** HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
<p>If you need drugs to treat your illness or condition.</p> <p>More information about <u>prescription drug coverage</u> is available at www.aetna.com/pharmacy-insurance/individuals-families</p>	Preferred/Non-preferred generic drugs	0% coinsurance (retail & mail order)	Not covered	<p>Covers up to a 30 day supply (retail prescription), 31-90 day supply (mail order prescription). Mail order copays are 2.5X retail. Applicable cost share plus difference (brand minus generic cost) applies for brand when generic available. No charge for preferred generic FDA-approved women's contraceptives in-network. Precertification and step therapy required. Costs may vary based on drug and pharmacy selected.</p> <p>Aetna Specialty CareRxSM – First Prescription must be filled at a participating retail pharmacy or Aetna Specialty Pharmacy[®]. Subsequent fills must be through Aetna Specialty Pharmacy[®]. Costs may vary based on drug and pharmacy selected.</p>
	Preferred brand drugs	0% coinsurance (retail & mail order)	Not covered	
	Non-preferred brand drugs	0% coinsurance (retail & mail order)	Not covered	
	Preferred/non-preferred specialty drugs	0% coinsurance for up to a 30 day supply	Not covered	
<p>If you have outpatient surgery</p>	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	Not covered	—————none—————
	Physician/surgeon fees	0% coinsurance	Not covered	—————none—————
<p>If you need immediate medical attention</p>	Emergency room services	0% coinsurance	0% coinsurance	Out-of-network emergency room services cost-share same as in-network. No coverage for non-emergency care.
	Emergency medical transportation	0% coinsurance	0% coinsurance	Out-of-network cost-share same as in-network.
	Urgent care	0% coinsurance	Not covered	No coverage for non-urgent use.
<p>If you have a hospital stay</p>	Facility fee (e.g., hospital room)	0% coinsurance	Not covered	—————none—————
	Physician/surgeon fee	0% coinsurance	Not covered	—————none—————

Questions: Call 1-855-586-6960 or visit us at www.HealthReformPlanSBC.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.HealthReformPlanSBC.com or call 1-855-586-6960 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | **Plan Type:** HMO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	0% coinsurance	Not covered	—————none—————
	Mental/Behavioral health inpatient services	0% coinsurance	Not covered	—————none—————
	Substance use disorder outpatient services	0% coinsurance	Not covered	—————none—————
	Substance use disorder inpatient services	0% coinsurance	Not covered	—————none—————
If you are pregnant	Prenatal and postnatal care	Prenatal: No charge; Postnatal: 0% coinsurance	Not covered	—————none—————
	Delivery and all inpatient services	0% coinsurance	Not covered	—————none—————
If you need help recovering or have other special health needs	Home health care	0% coinsurance	Not covered	Coverage is limited to 100 visits.
	Rehabilitation services	0% coinsurance	Not covered	Coverage is limited to 20 visits.
	Habilitation services	0% coinsurance	Not covered	Coverage is limited to 20 visits each for Physical Therapy, Occupational Therapy & Speech Therapy, rehabilitation & habilitation combined.
	Skilled nursing care	0% coinsurance	Not covered	Coverage is limited to 90 days.
	Durable medical equipment	0% coinsurance	Not covered	Includes cochlear implants.
	Hospice service	0% coinsurance	0% coinsurance	—————none—————
If your child needs dental or eye care	Eye exam	0% coinsurance	Not covered	Coverage is limited to 1 exam per calendar year age 0-21.
	Glasses	0% coinsurance	Not covered	Coverage is limited to 1 set of frames and 1 set of contact lenses or eyeglass lenses per calendar year, plus 1 set of replacement eyeglass frames and lenses if medically necessary, age 0-21.
	Dental check-up	Not covered	Not covered	Not covered.

Questions: Call 1-855-586-6960 or visit us at www.HealthReformPlanSBC.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.HealthReformPlanSBC.com or call 1-855-586-6960 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | **Plan Type:** HMO

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> • Abortion - except in cases of rape, incest, or when the life of the mother is endangered. • Acupuncture - except as form of anesthesia. • Bariatric surgery • Cosmetic surgery - except when medically necessary. | <ul style="list-style-type: none"> • Dental care (Adult & Child) - except accidental injury. • Infertility treatment - except the diagnosis and surgical treatment of underlying conditions. • Long-term care | <ul style="list-style-type: none"> • Non-emergency care when traveling outside the U.S. • Routine eye care (Adult) • Routine foot care • Weight loss programs |
|--|--|---|

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- | | | |
|---|--|--|
| <ul style="list-style-type: none"> • Chiropractic care - Coverage is limited to 12 visits. | <ul style="list-style-type: none"> • Hearing aids - Coverage is limited to 1 per ear every 36 months. | <ul style="list-style-type: none"> • Private-duty nursing - Coverage is limited to 2,000 hours; not to exceed 4,000 hours per lifetime. |
|---|--|--|

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-855-586-6960. You may also contact your state insurance department at (502) 564-3630, <http://insurance.ky.gov>.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact us by calling the toll free number on your Medical ID Card. You may also contact the Kentucky Department of Insurance, (502) 564-3630, <http://insurance.ky.gov>.

Additionally, a consumer assistance program can help you file your **appeal**. Contact Kentucky Health Insurance Advocate, Department of Insurance, P.O. Box 517, Frankfort, KY 40602-0517, (877) 587-7222, <http://healthinsurancehelp.ky.gov>, DOI.CAPOmbudsman@ky.gov

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage". **This plan or policy does provide minimum essential coverage.**

Questions: Call 1-855-586-6960 or visit us at www.HealthReformPlanSBC.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.HealthReformPlanSBC.com or call 1-855-586-6960 to request a copy.

Does this Coverage Meet Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Para obtener asistencia en Español, llame al 1-855-586-6960.

如果需要中文的帮助, 请拨打这个号码 1-855-586-6960.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-586-6960.

Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-855-586-6960.

-----*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*-----

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays: \$2,140
- Patient pays: \$5,400

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$5,200
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$200
Total	\$5,400

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays: \$20
- Patient pays: \$5,380

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$5,300
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$5,380

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different, based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✔ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✔ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.